



The  
Silvercrest  
Center  
for nursing  
and rehabilitation

**Giving Quality to Life**

# rehabilitation

Restoring an Independent Life



**T**he Silvercrest Center for Nursing and Rehabilitation is a unique center of excellence, dedicated to enhancing quality of life for all the residents we serve. We provide skilled nursing, residential care to older and younger adults with complex healthcare needs, people who need rehabilitation before returning home to live an independent life, ventilator-dependent patients, and people coping with dementia.

Rehabilitative care is an important component to all the services that Silvercrest delivers, but it's also a distinct program in its own right. Some of the people who seek us out are those who specifically require restorative therapy in order to return home. These patients are ready to leave the hospital, but not yet able to live independently because they still need special "subacute" services to gain optimal function. Silvercrest provides such people with top-quality rehabilitative care during this transitional time.

The subacute care offered by our team of nurses, in-house physicians, physical, occupational and recreational therapists, speech-language pathologists, and other skilled providers is specially designed to help such residents heal physically and emotionally and to achieve maximum recovery. Once discharged, many former residents return for outpatient therapy for follow-up care. During their stay, however, all rehabilitation patients are able to take advantage of recreational and social services.



Typically, those who come to Silvercrest for rehabilitative and subacute care include people in need of:

- ◆ Orthopedic rehabilitation including care for post-elective surgeries or post-surgical complications. Such stays can be for as short as a week or two.
- ◆ Stroke rehabilitation, including adaptive communication and feeding devices.
- ◆ Speech-language pathology, including rehabilitation of swallowing problems and sophisticated instrumental swallowing studies.
- ◆ Cardiac and pulmonary rehabilitation.
- ◆ Occupational therapies focusing on adaptive activities of daily living.

Rehabilitation patients can rely on Silvercrest's history of clinical expertise. In fact, our rehabilitation professionals publish in academic journals, lecture on their specialties, and even write the textbooks used by their peers in the healthcare industry.

All residents at Silvercrest benefit from our goal to not be just a *good* facility, but a truly *great* center of excellence. The NewYork-Presbyterian Healthcare System is one of the finest in the world, our Board is committed, our administration is disciplined, and our staff members are completely dedicated to our goals—a commitment to clinical excellence and Giving Quality to Life for each and every one of our residents.



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